

## Instructions on how to promote the Beginner Fitness System

### - Story script-

The process here is simple. You will post a 3-story sequence on your Instagram. This sequence is designed to feel natural to your audience while effectively promoting the product.

Here is the general structure I want you to follow

Story 1. Survey/warm up-Create curiosity without mentioning the product. Use a poll: “I found a way to   Example: [Finally, stay consistent with my workouts/hit my goals, or something like that]. Do you want me to show you how? (Use the poll here)

Story 2. Method and Results-Reference the winning poll to show proof/screenshots, and briefly explain the methodology. “After weeks of testing. I decided to share this with you guys.

Story 3. Call-to-Action: create urgency and provide clear instructions. I managed to get some access to this product, the Beginner Fitness System, for my followers on a first-come, first-served basis + Link: [www.fitnesssystems.site](http://www.fitnesssystems.site)

You can make some changes to the structure to make it feel more natural to your followers.